

# Kitchen Manual

Camp Ho Mita Koda 2019

# **Table of Contents**

| 1.  | Notice to Users                      | 3  |
|-----|--------------------------------------|----|
| 2.  | Kitchen Layout                       | 4  |
| 3.  | Kitchen Tools/Utensils               | 5  |
| 4.  | Three Compartment Sink               | 5  |
| 5.  | Dish Machine Washing                 | 6  |
| 6.  | Cleaning Stationary Equipment        | 6  |
| 7.  | Cleaning the Walk-In Freezer         | 7  |
| 8.  | Cleaning the Toasters                | 7  |
| 9.  | Cleaning Waffle Iron                 | 7  |
| 10. | Meat Slicer                          | 8  |
| 11. | Flooring                             | 8  |
| 12. | Tables and Serving Line Counter Tops | 9  |
| 13. | Hand Care/Hand Washing/Glove Usage   | 9  |
| 14. | General Personal Cleanliness         | 10 |
| 15. | Food Storage                         | 11 |
| 16. | Reporting Illness and Injury         | 12 |
| 17. | Cleaning and Sanitizing Solutions    | 12 |
| 18. | Emergency Procedures                 | 13 |
| 19. | Meal Service                         | 15 |
| 20. | Dining Hall Themes                   | 15 |
| 21. | Forms                                | 17 |
| 22. | Glossary of Terms                    | 18 |
| 23. | Kitchen Job Descriptions             | 19 |
| 24. | Daily Sheets                         | 27 |
| 25. | Special Diets- Daily Sheets          | 28 |
| 26. | Receiving Temperature Log            | 29 |
| 27. | Daily Temperature Log                | 30 |

# **Notice to Users**

All staff entering the kitchen must wash their hand and have either a hat or hairnet covering their head. Shorts are allowed but must cover the upper thigh, arm pits must be covered (no tank tops) and close toe shoes must be worn.

## THE KITCHEN IS NOT A SHORT CUT TO GET INTO THE DINING HALL.

All staff and campers must use the hand washing sinks outside before coming into the dining hall through the front entrance.

Before using any equipment, the Dining Service Manager will demonstrate how to operate, assemble/disassemble and clean the equipment and have you sign off on all items you have been trained on.

# For your safety, do not perform any task without being trained. After training, use the specification sheet or ask the Dining Service Manager if you have any questions about the task. Keeping yourself and others safe in the kitchen is top priority.

Kitchen equipment is very expensive and without proper maintenance and cleaning, additional costs for repairs or replacement could happen. In this manual you will find equipment specific sheets that will give you information about the equipment. Do not sure any equipment if you are unsure of how it works, or it is not functioning properly. Please inform the Dining Service Manager right away.

# Kitchen Layout

When you walk into the front doors of the dining hall, you will notice that there are 2 entry ways for the kitchen, one bypassing the great hall and the other going immediately into the kitchen.

On the right side is the food service counter as well as cupboards that hold serving dishes, pitchers and cups/mugs. There is a stainless-steel table located in the middle of the immediate room, this is where most food prep will occur. On the left side is a sink. This sink is NOT meant for washing hands. The purpose of the sink is for soap and other mopping needs. Next to the sink, is a stainless-steel table, that is used for food prep for specific allergies. DO NOT TOUCH THIS SECTION. Cross contamination is a very hard and potentially fatal problem amongst the kitchen. To the left of the table is a metal shelving that will hold the microwave and other smaller trinkets. Continuing to the left are two ovens with stovetops, where most of our food will be cooked and/or baked. Straight ahead would be another sink used for handwashing dishes and the dispersal of soap and other chemicals. To left of this sink is our Ecolab Dish-Machine. This is where our dishes will be placed after done eating, washed off with the hose, and then placed into the machine to get thoroughly cleaned.

Heading into the back of the kitchen, you will see an open door to the left. Right besides this would be our handwashing sink. This should be the only sink in the kitchen used for washing your hands, unless authorized by the Dining Service Manager. The door to the left of this leads into one of many back rooms. This room contains the refrigerator, freezer, and more metal shelves holding a wide variety of pots and pans, snacks, and plasticware. To the left is a bedroom, where the Dining Service Manager will stay. Straight back, would be the Supply Storage Area. This is where you will find any, and almost all, cleaning supplies. Into the Supply Storage Area there are two doors. The one to the right is another bedroom where the Kitchen Assistants will sleep. The door to the left is the office for the Dining Service Manager Stepping into the Dining Service Manager's office, to the left will be a door that leads back into the back hallway of the kitchen. In that hallway there is a door to the left where the walk in freezer and other food pantry options reside. DO NOT LEAVE THE WALK IN DOOR OPEN. Heading back towards the main kitchen there are additional refrigerators and freezers, as well as a staff bathroom.

# **Kitchen Tools/Utensils**

#### **Policy:**

Kitchen tools and utensils will be cleaned in the dish machine or three compartment sink and sanitized following the procedure outlined below. This should be done as needed during the workday.

#### Hazard Analysis Critical Control Points (HACCP) Guidelines:

<u>When to sanitize:</u>

- 1. After each use.
- 2. Any time you begin working with another type of food.
- 3. Any time you are interrupted during a task and the tools or items you have been working with may have been contaminated.
- 4. At four hour intervals, if the items are in constant use.

#### **Procedure:**

Follow procedures for using dish machine or 3-compartment sink. All utensils/ tools must be air-dried.

# **Three-Compartment Sink**

#### **Policy:**

The three compartment sink should be filled immediately at the beginning of food preparation. The assigned equipment and utensils should be washed using the procedure listed below.

#### **Procedure:**

Fill three compartment sink as follows:

Fill compartments to marked "fill" lines as follows:

- 1. Wash water on left; rinse water in center; sanitizing solution on right
- 2. Add recommended amount of detergent to left side wash water and sanitizing agent to right side sanitizing water.
- 3. Rinse away or scrape food into garbage containers.
- 4. Soiled utensils / pots and pans are stacked on the left drain boards.
- 5. Clean items are stacked, allowing for proper drainage, on the right drain board.
- 6. Use a thermometer to measure water temperature (at least 110°F).

#### <u>Cleaning and sanitizing in a three compartment sink:</u>

- 1. Rinse, scrape, or soak all items before washing.
- 2. Wash items in the first sink in a detergent solution with a water temperature of (at least) 110°F Use a brush or a nylon scrub pad.
- 3. Replace the detergent solution when the suds are gone, or the water is dirty.
- 4. Immerse items in the second sink, using water at least 110°F
- 5. Immerse items in the third sink in chemical-sanitizing solution, at a temperature of 180°F for at least one minute.
- 6. Air-dry all items.

# **Dish Machine Washing**

#### **Policy:**

The dish machine should be turned on at the beginning of food preparation. Dishes and utensils should be washed after food preparation and after each meal service. A temperature check is done daily by the head cook or her designate and recorded in the temperature log.

#### **Procedure:**

- 1. Make sure detergent and sanitizer dispensers are properly filled.
- 2. Fill tanks with clean water.
- 3. Temperature of the dish machine should be between 165-180°F.
- 4. Scrape, rinse or soak items before washing.
- 5. Load racks correctly and use racks designed for the items being washed.
- 6. Check each rack as it comes out of the machine for soiled items. Return soiled items to dish machine
- 7. Air-dry all items.
- 8. Keep machine in good repair. Report problems to supervisory staff.

# <u>Cleaning Stationary Equipment (Stove, Oven,</u> <u>Standing Mixer, and Standing Fridge)</u>

#### **Policy:**

The standing mixer and stove top are to be cleaned manually after each use with a clean, damp towel using approved cleaning solution and sanitizer. The standing oven and fridge are to be cleaned weekly.

#### **Procedure:**

- 1. Turn off and unplug equipment before cleaning (except fridge).
- 2. Remove food and soil from under and around the equipment.
- 3. Remove detachable parts and manually wash, rinse, and sanitize them, or run them through the dishwasher if permitted. Allow them to air-dry.
- 4. Wash and rinse fixed food contact surfaces, then wipe or spray them with a chemicalsanitizing solution.
- 5. Keep cloths used for food-contact and nonfood-contact surfaces in separate, properly marked containers of sanitizing solution.
- 6. Air-dry all parts, and then reassemble according to directions. Tighten all parts and guards. Test equipment at recommended settings, and then turn it off.
- 7. Re-sanitize food-contact surfaces handled when putting the unit back together by wiping with a cloth that has been submerged in sanitizing solution.

# **Cleaning the Walk-in Refrigerator**

#### **Policy:**

The walk-in refrigerator should be swept and mopped at the end of each workday. The shelves should be wiped free of debris using sanitizing solution weekly. Spills will be cleaned-up immediately using approved cleaning agent and sanitizer.

#### **Procedure:**

- 1. Sweep the floor to remove all loose crumbs.
- 2. Use a scrub brush and full-strength detergent on extra-soiled areas to remove grease and dirt.
- 3. Soak the mop in a bucket of detergent solution and wring it out. Mop the area in a figure eight motion.
- 4. Remove excess water with a damp mop or squeegee, working away from the walls and toward the floor drain.
- 5. Rinse the mop thoroughly with clean water, using the same mopping procedure outlined in step 4 above.

# **<u>Cleaning Toasters (gluten free and regular)</u>**

#### **Policy:**

Toaster(s) should be cleaned after breakfast and at the end of each day

#### **Procedure:**

- 1. Only clean one toaster at a time to prevent gluten contamination.
- 2. Unplug.
- 3. Over a garbage can, remove the bottom tray and shake to dislodge crumbs from within the toaster.
- 4. Wash the bottom tray in the 3-compartment sink following those procedures.
- 5. Reinsert tray and set toaster on clean countertop.

# **<u>Cleaning Gluten Free Waffle Iron and toaster</u>**

#### **Policy:**

Waffle iron will be cleaned after each use.

#### **Procedure:**

- 1. Unplug
- 2. Remove any baked on batter or crumbs.
- 3. Wipe clean with soapy, wet towel. Wipe off with a wet towel. Let air dry and store.

# **Meat Slicer**

#### **Policy:**

Meat slicer should be cleaned and sanitized after use. No one under the age of 18 or those that have not been properly trained should use the meat slicer. After cutting raw meats clean the meat slicer thoroughly. The meat slicer does not need to be sanitized when going from cooked meats to cheeses.

#### **Procedure:**

- 1. Unplug.
- 2. Put the safety cover over the blade and lock the blade in place.
- 3. Remove the blade carefully.
- 4. Carefully wash the removable components in the 3-compartment sink or put through the dish machine. Let air dry and reassemble.
- 5. Wipe clean the stationary parts of the machine with approved cleaning agent and sanitizer.
- 6. Wash and rinse the area of the countertop on which the slicer sits, then wipe or spray them with a chemical-sanitizing solution.
- 7. Reinsert air-dried blade and safety cover.
- 8. Replace meat slicer storage cover.

# <u>Flooring</u>

#### **Policy:**

The floor should be swept at the end of each meal and mopped at the end of each day.

#### **Procedure:**

- 1. Place the wet floor sign in sight around the area that is to be cleaned.
- 2. Sweep the floor to remove all loose crumbs.
- 3. Use a scrub brush and full-strength detergent on extra-soiled areas to remove grease and dirt.
- 4. Soak the mop in a bucket of detergent solution and wring it out. Mop the area in a figure eight motion.
- 5. Remove excess water with a damp mop or squeegee, working away from the walls and toward the floor drain.
- 6. Rinse the mop thoroughly with clean water, using the same mopping procedure outlined in step 4 above.

# **Tables and Serving Line Counter Tops**

#### **Policy:**

Tables and counter tops should be cleaned and sanitized with approved cleaning agent and/or sanitizing solution at the end of each meal and at the conclusion of all activities.

#### **Procedure:**

- 1. Use a dry wiping cloth to clean crumbs and dry food spills from table.
- 2. Use a moist cloth to clean up other types of food spills. Keep moist cloth in a bucket of chemical-sanitizing solution.

# Hand Care/Hand Washing/Glove Usage

#### **Policy:**

Hands should be washed using the proper hand washing procedure after the list of events below.

Wash hands after:

- Using the restroom.
- Before and after handling raw food.
- Entering the work area.
- Touching the hair, face, or body.
- Sneezing, coughing, or using a handkerchief or tissue.
- Smoking, eating, drinking, or chewing gum or tobacco.
- Handling chemicals that might affect the safety of food.
- Taking out garbage or trash.
- Clearing tables or busing dirty dishes.
- Touching clothing or aprons.
- Touching anything else that may contaminate hands, such as unsanitized equipment, work surfaces, or washcloths.

#### **Procedure:**

Steps for proper hand washing:

- Step 1: Wet your hands with running water as hot as you can comfortably stand.
- Step 2: Apply enough soap to build a good lather.
- Step 3: Vigorously scrub hands and arms for at least thirty seconds.
- Step 4: Clean under fingernails and between fingers with nail brush.
- Step 5: Rinse under running water. Dry hands using single-use towel. Turn off faucet using a single-use towel.
- Step 6. Dry hands and arms. Never use an apron or wiping cloth to dry hands.

#### Hand care:

- Keep fingernails short and clean.
- Do not wear nail polish.
- Cover all hand cuts and sores with clean bandages and glove or finger cot.

### <u>Use of gloves:</u>

- Gloves must never be used in place of hand washing.
- Gloves must be changed after washing hands and after handling food, they should never be washed or reused.

## Change gloves if:

- They become soiled or torn.
- Before beginning a different task.
- At least once an hour.
- After handling raw meat and before handling cooked or ready-to-eat food.

# **General Personal Cleanliness**

### **Policy:**

Kitchen staff should arrive to work after bathing, wearing the appropriate undergarments such as brassiere and underwear and wearing clean proper shift attire. A clean apron and hair net should be worn by staff member each day.

### Work attire:

- Wear a clean hair restraint at all times while in the kitchen (hairnet or baseball-type cap).
- Wear clean, well-fitting clothing.
- Remove aprons when leaving food preparation areas.
- Wear clean closed toe shoes with a non-slip sole.
- Remove jewelry prior to preparing or serving food or while around food-preparation areas.

### Use of other items:

- Never eat, drink, chew gum, or use tobacco in the kitchen area.
- Drinks are only allowed if they are in a covered container with a straw. Drinks are not to be kept in the food prep area.
- If tasting food is necessary, place sample in a separate dish and taste with a clean disposable utensil.

# **Food Storage**

#### **Policy:**

All food should be stored immediately upon delivery. After all food is prepared it should be labeled with the day/month/year and should be kept no longer than 5 days.

# 1. <u>Refrigerator Storage</u>

#### **Procedure:**

- Before storing or using food always do the following:
- Rotate inventory. Use the oldest inventory first.
- Discard food that has passed the manufacturer's expiration date: ready to eat food that has been prepared in house can be stored for up to seven days at 38°F.
- Check temperatures of stored food and storage areas at the beginning of each shift and record in temperature log. See appropriate forms in P/P Manual.
- Store food only in designated containers/storage areas.
- Keep all storage areas dry and clean.
- Clean dollies, carts, transporters and trays weekly or as needed.

#### Recommended top-to-bottom storage of raw foods in the refrigerator:

| On bottom: | Poultry                       |
|------------|-------------------------------|
| 2nd level: | Ground beef                   |
| 3rd level: | Whole meat                    |
| 4th level: | Whole fish                    |
| Top level: | Cooked and ready to eat foods |

## 2. <u>Freezer Storage</u>

- Check unit temperatures daily and record in temperatures in logbook.
  See appropriate forms in P/P Manual.
- Document corrective action for any abnormal temperatures and notify the supervisor.
- Keep freezer temperatures at 0°F.
- Place frozen food delivery in the freezer as soon as they have been inspected.
- Clean freezer at the beginning of camp and defrost at the end of camp or as needed.

## 3. Dry Food Storage

- Before storing or using food always do the following:
- Rotate inventory. Use the oldest inventory first.
  - o Discard food that has passed the manufacturer's expiration date
- Store food only in designated containers/storage areas.
- Keep all storage areas dry and clean.

# **Reporting Illness and Injury**

#### **Policy:**

Kitchen staff must report illness or injury to the Dispensary immediately before working with or continuing to work with food. If staff becomes ill while working, they must immediately report their condition to the Dispensary. Dispensary staff at camp is available to assess and treat minor illness / injury.

Kitchen staff may not work if experiencing one of the following:

- Fever
- Diarrhea
- Vomiting
- Sore throat with fever
- Jaundice

Any cuts, burns, or open wounds should be covered with a bandage when working with or around food or food contact surfaces. Bandages should be clean, dry and prevent leakage from the wound. Waterproof, disposable gloves should be worn over bandages on hands.

# **Cleaning and Sanitizing Solutions**

#### **Cleaning Solution:**

Commercial liquid soap and water will be used as a cleaning solution. Solutions will be mixed in pails, used as needed and discarded after each use.

#### Sanitizing Solution:

| A mixture of bleach and water will be used as a sanitizing solution in the following |    |                        |    |               |  |  |  |  |
|--|----|------------------------|----|---------------|--|--|--|--|
| proportions:   |    |                        |    |               |  |  |  |  |
| 2 quarts of water  | to | ½ tablespoon of bleach | in | spray bottles |  |  |  |  |
| 1 gallon of water  | to | 1 tablespoon of bleach | in | pails         |  |  |  |  |

Solution must be left on surfaces for 30 seconds before being wiped dry.

# **EMERGENCY PROCEDURES**

No two emergencies are the same. While the various steps and suggestions outlined in these procedures represent the camp's guidelines, your own good judgment should be the final authority until you are able to contact assistance. The safety and well-being of the campers and staff ALWAYS comes first.

# <u>1. Fire</u>

#### **Guidelines:**

- In the event of a fire, the Camp Director will sound the emergency siren and coordinate emergency and rescue procedures. If the Camp Director is not on-site, a member of the Leadership Team will assume this role.
- If there is a fire, immediately evacuate all campers and staff to a safe area away from the roads and have them remain there. DO THIS FIRST; then notify the Camp Office, Dispensary, and Camp Manager.
- Fire drills must be held within the first 24 hours of each session as prescribed by state law. Fire drills will be coordinated by the Camp Director and Executive Director.
- Counselors stay with campers for whom they are responsible at the time and take head count of those campers.
- Dispensary staff members will ensure that diabetes emergency kits are on-hand where campers and staff are gathered.

#### Signal:

Blasts of the siren (located on the porch) is 'the signal.' When the signal is heard, assemble campers. Contact the camp office by cell phone, walkie talkie, or runner to let them know you've heard the signal and to receive any instructions. When the alarm sounds, the Camp Director will be placing a phone call to the pool. The Aquatics Supervisor or Lifeguard at the pool will notify the lake, archery and ropes areas of the emergency. If a program area has not been contacted within 5 minutes, runners will be sent, and contact will also be attempted by walkie-talkie and cell phone.

#### At sound of the emergency siren:

Stop all activities, assemble all campers in a buddy line and count to be sure all the campers and staff are present. All persons, if possible, should have shoes on their feet. Proceed quickly and quietly to the following emergency destinations. Upon arrival, do another head count and report the number of campers and staff present to the person in charge. Keep the campers quiet and calm and wait for further instruction.

If the fire prevents you from reaching your emergency destination, use good judgment. Stay put so an administrative staff can reach you OR exit quickly, using the safest route, to the pavilion. Wait at the pavilion for assistance.

If possible, the dispensary staff will bring first-aid kits and diabetes supplies.

#### **Emergency/Fire Destinations**

- 1. All camper responsible staff in non-emergency areas will go with campers to the following emergency stations:
  - Great Hall Go to Bear Garden
- 2. All kitchen personnel should report to the Pavilion for guide assignments and other necessary assignments as designated by the person in charge.

## 2. Weather Emergency

During threatening weather, Camp Director will monitor the radio and/or television weather station. In the event of a Severe Storm or Tornado Warning or the appearance of threatening weather conditions, the Camp Director will:

- 1. Sound Emergency Siren
- 2. Campers and counseling staff will proceed to the following designated areas:
  - Kitchen- Dispensary

All persons will remain in shelter until Camp Director ascertains the weather problem has passed and sounds all clear on the Siren. If the Camp Director is off-site, the Manager of Camper Experience will assume this role.

# 3. Earthquake

Most campers are well rehearsed in earthquake "duck-and-cover" drills at school. Have campers move away from windows and "duck and cover" under beds, tables, or stand in braced doorways. If possible, the Camp Caretaker will shut off the electrical system until the building is checked and attempt to stop any water leaks. Stay in your area if it seems safe. Calm the campers and provide program activities (singing, stories, etc.) until help arrives.

## 4. Utility Failure

#### Water:

Camp's water source is a well.

- 1. Should a major leak/break in the line occur in your area, the Camp Caretaker or Custodian will shut off the water. If the Caretaker or Custodian is not available, the Camp Director will shut off the water and notify the Caretaker by cell phone. The Caretaker will notify Camp's contracted plumbing company.
- 2. In the case of water failure, handwashing stations will be placed throughout camp, and the Camp Director will confer with the Dispensary and Dining Hall Manager on figuring the next meal out.

#### **Electrical:**

General Guidelines:

- A power loss may occur from sources inside or outside the camp.
- An electrical fire must be dealt with immediately. Call 911.
- 1. **Lack of Power**: The Camp Director or Camp Caretaker will check the circuit breakers. A "tripped" breaker will be positioned midway between on and off and may have some red showing.
- 2. **Electrical Fire:** Sound siren and divide duties. Assemble and evacuate all campers, notify camp office while staff fight the fire. Never use water on an electrical fire. Use a fire extinguisher or baking soda. Try to turn off the circuit breaker.

# **Meal Service**

Meals are served at the following times:

| 8:15am  | Breakfast       |
|---------|-----------------|
| 10:30am | Morning Snack   |
| 12:20pm | Lunch           |
| 3:30pm  | Afternoon Snack |
| 6:00pm  | Dinner          |
| 9:15pm  | Evening Snack   |
|         |                 |

Kitchen staff eat after each meal has finished. Leadership team eats at the meal or with the kitchen staff depending on what is happening.

# **Dining Hall Themes**

#### Banquet

The second-to-last dinner of session 5 is the banquet. The dining hall is decorated nicely, and the tables are set by resource staff in the afternoon. Cabins do not have to sit together; they may sit where-ever they please.

#### **Crazy Utensil Dinner**

Occurs during Sunday night dinner. All normal utensils are replaced with a variety of wacky, yet safe, utensils to eat with. Examples include ice cream scoop, ladle, whisk, etc.

#### sdrawkcaB

This is a "backwards" meal. Rules are set by the dining hall manager, but could include starting with dessert, eating and sitting backwards, talking backwards, and more.

## **Magic Kingdom**

This is a meal where prince, princess's, and knights are allowed. The Dining Hall Manager will serve as the King. Music suggestions, like Game of Thrones Theme, would be appropriate.

## Musical

A general meal where music is played over the speakers. Music can be from different and popular bands that the kids like. Keep it appropriate. Great song suggestions include anything Disney, Taylor Swift, Journey, etc. Maintain a good volume and mix up the songs. Having campers come up for karaoke is an option.

## American Sign Language (ASL)

This is a no speaking meal. Each table will have several laminated printouts which show the ASL alphabet and commonly used phrases. Campers and staff must communicate with one another only using sign language. This can be a fun and educational experience for the campers.

## **No Hands**

During this meal, campers and staff are not able to use their hands for any portion of eating. They may use their hands to carry trays, dish out food, etc. Hands must be at their sides or behind their backs. For campers that are struggling, we can tape their hands together. Camper must eat and drink without the use of their hands.

### **At Your Service**

A meal where the staff are the servers and more. Staff bring out food to kids, refill their cups, cut up their food, feed them, etc. Staff should speak and dress up with aprons, hats, towels, and everything else to look "fancy".

### **Caveman Lunch**

This is a no-speaking meal. Campers and staff must act like they are cave people and can only communicate via grunts, snorts, and noises. No silverware will be provided, and the meal must be eaten with their hands, feet, or anything else that a cave person would use.

## Trivia/Jeopardy

The Dining Hall Manager picks a set of trivia questions to ask the campers. They may choose which tables eat first, which gets dessert first, dismissed first, etc., based on points gained by each able answering questions.

#### Twin

Come dressed as a twin! We encourage silly clothing, hats, wigs, and more!

#### **Chef's Revenge**

An opportunity for the Dining Service Team to serve up anything they want, create the dining hall rules, and take over the meal. Better make sure you treat them nice throughout the week!

#### Remembrance

Occurs during breakfast on Saturday. This day plays a looping video of the camper slideshow that was made and shown during the Friday evening closing ceremony. It offers one last opportunity for campers to reflect on their week at camp.

# **Forms**

The **Receiving Temperature Log** is used to track deliveries to make sure the temperature we are receiving food is within the acceptable temperature and not in the danger zone. These sheets should be kept for a year.

The **Temperature Log** is a record of the fridge and freezer temperatures that is taken 3 times a day. This can also be used to see if a fridge or freezer is not working correctly. There is an action plan on the back of the temperature log if a temperature is not in the correct range. This could be due to putting an order away or a box holding the lid open on a freezer. These sheets should be kept for a year.

The **Daily Sheets** is a record of the amount of food prepared, the temperature it was cooked to and what was left over in the kitchen as well as the weight of waste that is out of the dining hall. This sheet should be completed at every meal and kept for a year.

The **Special Diets Form** is used as an aid to help ask questions about the campers dietary and allergies. This should be completed at the first meal so that the special diets cook can plan the alternatives for the rest of the session.

#### You can find a copy of each of these forms at the end of this manual.

# **Glossary of Terms**

The following terms may be used in any of the recipes. If you do not understand a word used in the method of preparing the recipe, you may find the description of that term here.

| Al Dente           | To cook an item until tender and soft. This term is mostly used      |                 |   |  |  |  |
|--------------------|--|-----------------|---|--|--|--|
|                    | when cooking pasta or vegetables                                     |                 |   |  |  |  |
| Blanch             | <u>_</u>   | 0               | ling water or a deep fryer)             |  |  |  |
| Boil               | To cook an item in boiling   |                 |   |  |  |  |
| Chef's Knife       | The most common knife i  |                 | with an 8" to 12" blade                 |  |  |  |
| Chop               | To cut food up into the sa   |                 |   |  |  |  |
| Colander/Strainer  | A bowl that has holes in s   |                 | in pastas and vegetables                |  |  |  |
| colander / Stramer | from boiling water   | o you can ura   | in pastas and vegetables                |  |  |  |
| Convection oven    |  | holp blow th    | e hot air around food to cook           |  |  |  |
|                    | faster that an oven  | neip blow th    | e not all alound lood to cook           |  |  |  |
| Date/Dating        |  | m uso tho pai   | inters tape and write what it           |  |  |  |
| Date/Dating        | is and the date it was pre-  | -               | inters tape and write what it           |  |  |  |
| Food Processor     | A machine used to chop/s   |                 | th different blades for the             |  |  |  |
| 1000110003301      | various tasks  | sile ioous wi   | th unierent blades for the              |  |  |  |
| Inserts            |  | t food is serve | ed in. They come in different           |  |  |  |
| 111501 05          | sizes and depths.  |                 | a m. They come in unterent              |  |  |  |
|                    | sizes and depens.  |                 |   |  |  |  |
|                    | Sizes are beside and   |                 | ONE                                     |  |  |  |
|                    | Depts are 2", 4" and 6"  |                 | THIRD ONE FOURTH ONE                    |  |  |  |
|                    | Most common in the   |                 | SIXTH SIXTH                             |  |  |  |
|                    | kitchen is full and half   | FULL            |   |  |  |  |
|                    | Attenen is full and han  | SIZE            | TWO                                     |  |  |  |
|                    |  |                 | THIRDS HALF                             |  |  |  |
|                    |  |                 |   |  |  |  |
|                    |  |                 |   |  |  |  |
| Griddle            | Flat-based gas radiant heated metal top used for the cooking of      |                 |   |  |  |  |
|                    | 0  | -               | wiches, eggs, French toast,             |  |  |  |
|                    | pancakes, or the brownin   | •               | 00                                      |  |  |  |
| Sauté              | To cook food in oil in a frying pan or on the griddle                |                 |   |  |  |  |
| Serrated Knife     | Used to cut breads, it has tiny teeth that are sharp to cut through. |                 |   |  |  |  |
| Simmer             | Just below boiling, its best to simmer food than boil them           |                 |   |  |  |  |
| Stock Pot          | A large pot that has tall sides and is used for sauces, soups, or    |                 |   |  |  |  |
|                    | cooking pasta  |                 |   |  |  |  |
| Whip               | To beat foods, usually in the mixer which incorporates air into the  |                 |   |  |  |  |
| I                  | product  |                 | r · · · · · · · · · · · · · · · · · · · |  |  |  |
|                    |  |                 |   |  |  |  |

# **Kitchen Job Descriptions**

## 1. Dining Service Manager

#### Position Purpose:

The Camp Food Service Manager ensures that high quality and nutritional food is provided to camp participants. This position manages the camp's food service operation within the established budget and maintains the highest standards of health and sanitation possible. The incumbent supervises kitchen staff, the ordering, lead the preparation of food and menu planning.

### **Essential Job Functions:**

 Manage the daily operations of the camp food and dining service including coordinating activities between the kitchen and dining room.

- a. Oversee the planning and preparation of nutritionally balanced camp meals, snacks, and pack-out food.
- b. Ensure the service of camp meals through directing the work of other employees.
- c. Ensure safe and efficient preparation and serving of camp meals.
- d. Coordinate menu planning for user groups as directed.
- 2. Oversee the inventory and ordering of food, equipment, and supplies and arrange for the routine maintenance, sanitation, and upkeep of the camp kitchen, its equipment, and facilities.
  - a. Maintain inventory of food and household supplies.
  - b. Order food and kitchen supplies consistent with menus and enrollment counts.
  - c. Maintain high standards of cleanliness, sanitation, and safety.
  - d. Clean and maintain all food-service areas, including kitchen, dining hall, storage, kitchen recycling.
  - e. Inspect equipment and ensure equipment is repaired as necessary.
  - f. Promote practices that seek to reduce waste, reuse items, and recycle as much as possible.

- 3. Manage all administrative and human-resource functions with regard to kitchen and dining room employees.
  - a. Monitor employee performance and training.
  - b. Assist with interviewing and hiring of cooks and all kitchen staff.
  - c. Plan, coordinate, schedule, and supervise the work of other food service staff.

## **Qualifications:**

- Experience in an institutional or large food service setting.
- Knowledge of and experience in food service: ordering, inventory, budgeting, food preparation, family-style serving, buffet serving, cleaning, and institutional kitchen equipment.
- Must hold current certification or licensure for operating a kitchen in the camp's jurisdiction.
- Ability to work within a budget and purchase supplies efficiently.
- Experience in supervision.

Knowledge, Skills, and Abilities:

- Knowledge of current health and safety laws and practices is essential.
- Knowledge of and experience in preparation of special dietary foods.

## Physical Aspects of the Job:

- Ability to effectively communicate orally and in writing.
- Physical ability to lift and carry 50 pounds.
- Visual and auditory ability to identify and respond to environmental and other hazards of the site and facilities and camper and staff behavior.
- Physical mobility and endurance to perform tasks while standing/walking for long periods of time (60 minutes or more).
- Ability to safely and properly use kitchen equipment.
- Ability to provide first aid and to assist campers and staff in an emergency.

# 2. Assistant Cook

## Position Purpose:

The Assistant Cook works to assist the Food Service Manager in providing nutritious, well-prepared meals, which are served to all campers, staff, and guests.

## Essential Job Functions:

- 1. Assist in the daily operations of the camp's food service.
  - Prepare and cook food as the menu indicates utilizing frying, boiling, broiling, steaming, roasting of meat, poultry, seafood, fish, vegetables, salads, soups, and gravies.
  - b. Prepare foods including washing and peeling.
  - c. Bake breads, pastries, muffins, etc.
  - d. Set up food, supplies, and utensils for dining hall distribution.
  - e. Store food and leftovers at proper temperature.
- 2. Assist in routine sanitation of the kitchen and related equipment.
  - a. Clean and maintain all food-preparation and storage areas.
  - b. Supervise the cleaning of prep, serving, and dining hall dishes.
  - c. Reduce waste, reuse items, and recycle as indicated through the camp's procedures.
- 3. Work as a member of a food service team.
  - a. Coordinate schedule and job tasks with other cooks, dining hall manager, and kitchen assistants.
  - b. Assist with supervising or directing the work of the kitchen assistants.

## <u>Qualifications:</u>

- Experience in institutional or food service setting.
- Desire to work in the food service area.
- Knowledge of standards of food preparation and serving, storage of food, and kitchen procedures.

## Knowledge, Skills, and Abilities:

- Knowledge of current health and safety laws and practices is essential.
- Knowledge of and experience in preparation of special dietary foods including vegetarian foods.
- Knowledge of food service sanitation.

Physical Aspects of the Job:

- Ability to lift and carry 50 pounds including unloading food, supplies, and equipment as needed.
- Visual and auditory ability to identify and respond to environmental and other hazards of the site and facilities and camper and staff behavior.
- Physical ability to operate kitchen equipment according to safe, recommended methods.
- Physical mobility and endurance to perform tasks while standing/walking for long periods of time (60 minutes or more).
- Ability to provide first aid and to assist campers and staff in an emergency.
- Determine cleanliness of dishes, food surfaces, and kitchen area.
- Ability to assess the condition of food.

# 3. Kitchen Assistant

## Position Purpose:

The Kitchen Assistant works with the Dining Service team to prep meal and maintains a high level of cleanliness in the kitchen by overseeing the dish pit.

## Essential Job Functions:

- 1. Assist in the daily operations of the camp food service.
  - a. Assist in the preparation of food as the menu indicates including washing and peeling.
  - b. Set up food, supplies, and utensils for dining hall distribution.
  - c. Store food and leftovers at the proper temperature.
- 2. Assist in routine sanitation of the kitchen and related equipment.
  - a. Clean and maintain all food-preparation and storage areas.
  - b. Wash all dishes, serving and preparation equipment, and utensils according to regulated washing methods and temperatures.
  - c. Reduce waste, reuse items, and recycle as indicated through the camp's procedures.
- 3. Assist in the preparation and packaging of food for use outside the camp dining hall.
  - a. Work with cooks and other staff in reviewing pack out requests to ensure adequate and accurate amounts and variety.
  - b. Prepare and store pack out food according to camp and health code procedures.
  - c. Advise staff on equipment or preparation materials needed for identified menu choices.

**Qualifications:** 

- Desire to work in the food service area.
- Knowledge of food preparation and serving, storage of food and dishwashing procedures is preferred.

## Physical Aspects of the Job:

- Ability to lift and carry 30 pounds including unloading food, carry trays of dishes, lifting supplies and equipment as needed.
- Visual ability to identify and respond to environmental hazards.
- Physical ability to operate kitchen equipment according to safe recommended methods.
- Physical mobility and endurance to perform tasks while standing for long periods of time (60 minutes or more).
- Determine cleanliness of dishes, food surfaces, and kitchen area.

# 4. Dining Hall Manager

## Position Purpose:

The Dining Hall Manager coordinates and delivers all dining hall related programming. Additionally, the incumbent helps sets tables, clear tables, washes dishes and performs other cleaning as directed.

## Essential Job Functions:

- 1. Manage the daily operations of the camp dining service including coordinating activities between the kitchen and dining room.
  - a. Work with Food Service Manager to know and understand the meals being served and the related dining service's needs.
  - b. Work closely with Food Service Manager to coordinate the specifics of special meals such as picnic dinners, guest meals, and snack carts.
  - c. Provide counts for a meal, coordinate serving food and seconds, attend to special needs.
  - d. Lead songs/announcements at each meal to coordinate timing of service.
  - e. Arrange proper seating facilities keeping in mind all rules and regulations concerning safety, fire, and health concerns.
  - f. Organize the feeding of all personnel in such a manner as to expedite the operation and to avoid delays.
- 2. Oversee the maintenance and sanitation of the dining room equipment and furnishings.
  - a. Oversee the cleanliness of tables, benches, floors, ascertaining that everything is in readiness for the following meal.
  - b. Oversee the cleaning and maintaining of the lavatory facilities within the dining area.
  - c. Promote practices that seek to reduce waste, reuse items, and recycle as much as possible.
  - d. Assist the Food Service Manager and Cook with inspecting the cleanliness of all dishes, silverware, or any other eating/serving utensil.
  - e. Set up an adequate area for the disposal of trays, silverware, trash, glasses, and recycling, etc.
  - f. Maintain, stock, clean, and prepare beverages as needed in the dining room area.

- g. Oversee the sweeping and mopping of the dining hall on a daily basis.
- h. Inventory and refill any materials needed in the operation of the dining room.

## Other Job Duties:

- Oversee composting and recycling procedures in dining hall and kitchen.
- Assist with the work of the dishwashers to maintain the cleanliness of the dish room area.
- Work cooperatively with kitchen staff.
- Assist in the kitchen with food prep, serving, and clean-up as needed.

### **Qualifications:**

- Experience in institutional or large food service setting preferred.
- Knowledge of and experience in food service especially with serving methods.

## Knowledge, Skills, and Abilities:

• Knowledge of current health and safety laws and practices related to food service is helpful.

## Physical Aspects of the Job:

- Ability to effectively communicate orally.
- Ability to lift and carry 30 pounds.
- Visual and auditory ability to identify and respond to environmental and other hazards of the site and facilities and camper and staff behavior.
- Ability to safely and properly use kitchen equipment.
- Ability to provide first aid and to assist campers and staff in an emergency.

| Agency Name | ;         |             |            |      |              |       |
|-------------|-----------|-------------|------------|------|--------------|-------|
| Meal        | Menu Item | Ingredients | Serv Size  | Тетр | Amt Prepared | Waste |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
| Meal        | Menu Item | Ingredients | Serv Size  | Тетр | Amt Prepared | Waste |
|             |           |             |            | •    |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
| Meal        | Menu Item | Ingredients | Serv Size  | Тетр | Amt Prepared | Waste |
| litai       |           |             | Sel V Size |      |              | Waste |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |
|             |           |             |            |      |              |       |

# **Daily Sheets**

Month of \_\_\_\_\_

# **Special Diets- Daily Sheets**

Month of \_\_\_\_\_

Agency Name \_\_\_\_\_

| Meal | Menu Item | Ingredients | Serv Size | Temp     | Amt Prepared | Waste          |
|------|-----------|-------------|-----------|----------|--------------|----------------|
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
| Meal | Menu Item | Ingredients | Serv Size | Temp     | Amt Prepared | Waste          |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           | I           | S S'      | <b>T</b> | A            | <b>XX</b> 74 - |
| Meal | Menu Item | Ingredients | Serv Size | Temp     | Amt Prepared | Waste          |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |
|      |           |             |           |          |              |                |

# **Receiving Temperature Log**

Month of \_\_\_\_\_

Agency Name \_\_\_\_\_

| Date | Time | Vendor | Name | Temp (f) | Comments | Initials |
|------|------|--------|------|----------|----------|----------|
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |
|      |      |        |      |          |          |          |

# **Daily Temperature Log**

Month of \_\_\_\_\_

Agency Name \_\_\_\_\_

Please use this form to record the daily temperature readings of all storage facilities (dry, refrigerated, frozen). File this in USDA records for 4 years.

| Date     | Time of Day | Temp. (refrigerator, freezer, pantry) | Checked by |
|----------|-------------|---------------------------------------|------------|
| 1.       |             |                                       |            |
| 2.<br>3. |             |                                       |            |
| 3.       |             |                                       |            |
| 4.       |             |                                       |            |
| 5.       |             |                                       |            |
| 6.       |             |                                       |            |
| 7.       |             |                                       |            |
| 8.       |             |                                       |            |
| 9.       |             |                                       |            |
| 10.      |             |                                       |            |
| 11.      |             |                                       |            |
| 12.      |             |                                       |            |
| 13.      |             |                                       |            |
| 14.      |             |                                       |            |
| 15.      |             |                                       |            |
| 16.      |             |                                       |            |
| 17.      |             |                                       |            |
| 18.      |             |                                       |            |
| 19.      |             |                                       |            |
| 20.      |             |                                       |            |
| 21.      |             |                                       |            |
| 22.      |             |                                       |            |
| 23.      |             |                                       |            |
| 24.      |             |                                       |            |
| 25.      |             |                                       |            |
| 26.      |             |                                       |            |
| 27.      |             |                                       |            |
| 28.      |             |                                       |            |
| 29.      |             |                                       |            |
| 30.      |             |                                       |            |
| 31.      |             |                                       |            |

#### **Recommended Temperature Guides:**

Dry Storage (50-70 F) Refrigerated Storage (36-40 F)\* Freezer Storage (0 F or Below) \*Although 36-45 F is acceptable, 36-40 F is the ideal refrigerated range